

June 2009

2009 Susan G. Komen Race for the Cure® wrap-up!

Thank You to all of you who helped make the 2009 Susan G. Komen Richmond Race for the Cure ® a success!

9,222 participants came out on May 9th to take part in the 12th Annual Richmond Race for the Cure. Pulling off a successful race like ours wouldn't be possible without the wonderful volunteers and sponsors who so generously give their time and financial support to make it happen.

This year's Race raised **more than \$860,000** to support our vision of a world without breast cancer. As always, 75% of the net proceeds from the Race will stay in the Central Virginia area to support our promise to save lives and end breast cancer forever. The other 25% will go to Komen National to fund vital breast cancer research through the Komen National Research Grant program.

For those who participated in the Richmond Race for the Cure this year, [click here to take our Race Survey](#) and give us your feedback to help us make next year's Richmond Race even better!

Events such as the Komen Richmond Race for the Cure® allow the Richmond Affiliate to support Komen's vision of a world without breast cancer and promote the promise to save lives and end breast cancer forever by empowering people, ensuring quality of care for all and energizing sciences to find the cures. On behalf of the individuals whose lives are touched by Susan G. Komen for the Cure, thank you. We remain grateful for your support!

Grant Applications Now Available!

Applications for grants up to \$50,000 to support breast cancer and breast health programs are now available. Non-profit organizations, governmental agencies, and educational institutions in our [Service Area](#) are eligible for funding. Applicants are encouraged to review the [2009 Community Profile](#) to determine funding priorities of the Richmond Affiliate. All application instructions, forms submission addresses and requirements can be downloaded from the [Grants](#) section of our website.

Important Dates

Grant Writing Workshop	June 15, 2009 from 10:00am - 3:00pm To register, contact Pem Hall at
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	pbhall@komenrichmond.org or 804-358-7223
Application Deadline	August 31, 2009 at 5:00pm
Award Notification	December 1, 2009
Award Period	February, 1 2010 - January 31, 2011

Upcoming Events

Ride for the Cure® Virginia **October 10, 2009** **Fox Chase Farm, Middleburg, VA**

Fox Chase Farm and Old Waterloo Equine Clinic have teamed up with the Richmond Affiliate and area equestrians in the fight against breast cancer! The event will be a 2-hour trail ride. Each rider must raise a minimum donation of \$250 to participate. Prizes will be awarded to the top fundraiser as well as fundraisers meeting goals of \$300, \$500, and \$1000.

After the event, there will be a dinner and "Happy Hour" event at Fox Chase Farm. All registered riders can attend the dinner at no cost. Additional dinner tickets are available on our [website](#) to the rider's non-riding family and friends as well as to anyone interested in attending.

[Click Here to learn more or register!](#)

4th Annual Survivor Celebration **September 25th, 2009** **Breakfast: 8:00-9:30am** **Lunch: 12:00-1:30am** **The Jefferson Hotel**

The Komen Richmond Affiliate cherishes and honors all Survivors...our heroes. These women and men inspire us and light the way in our efforts to eradicate breast cancer as a life threatening disease. We promise to celebrate and honor, as well as provide encouragement and hope to the women and men living with breast cancer — the newly diagnosed, long-term Survivors, and their families and friends.

[Tickets are on sale now for the 4th Annual Survivor Celebration!](#)

This year's keynote speaker will be Kelly Corrigan, a graduate of the University of Richmond, breast cancer survivor, and author of the bestselling book *The Middle Place*. A natural story teller, Corrigan captures the

beat of ordinary life and the everyday moments that bind families together. [Click here](#) to see a clip of Kelly on YouTube.

[Buy your tickets](#) early to guarantee yourself a seat at this inspiring event!

Ukrop's Golden Gift Program
Turn in Your Points by June 12th!

Every time you shopped at Ukrop's and used your UVC card between March 2 and March 28, 2009, you earned one Golden Gift Point for every \$1 spent. If you shop at Ukrop's with your UVC card, you should have received in the mail a Golden Gift Certificate that detailed your household's points. Donate your points to the Richmond Affiliate by turning in or mailing your Golden Gift Certificate to our office

by June 12th, 2009:

4905 Radford Ave. Suite 209
Richmond, VA 23230

The more Golden Gift Points the Richmond Affiliate collects, the greater our share of the \$200,000 payout!

Golf for a Cure
June 5, 2009
Augustine Golf Club
Stafford, VA

This event is hosted and organized by Rodney Thompson Middle School students. Registration is at Noon with a Shotgun Start at 1pm. \$80/player includes golf, cart, cook-out dinner & awards. The Augustine Golf Club is located at: 76 Monument Dr, Stafford, VA 22554. For more information please call: 540-658-1016 or 540-720-2694.

Bowl for the Cure®

The United States Bowling Congress (USBC) has teamed up with Komen to help you organize a Bowl for the Cure event at your local bowling center to benefit the Richmond Affiliate! It can be anything from a tournament to a Bowl-a-Thon to a penny a pin. Be creative with the bowling format: Glow Bowling, 9-Pin No-Tap, 3-6-9 Games, Baker System, it's up to you, just join in the fight!

For more information about these and all of our events, visit the [Events](#) section on our website!

Volunteer Spotlight

Ruthann Priest & Vicki Mirandah both volunteered on the Race Committee before taking on the roles of Co-Chairs for the Richmond Race for the Cure in 2008 and 2009. Through their leadership and dedication the Richmond Race was able to reach a milestone in 2008, raising over \$1 million dollars! The Richmond Affiliate would like to thank them for the countless hours they've devoted to helping us achieve a world without breast cancer.

Grantee Spotlight

Bon Secours Richmond Health Care Foundation is providing breast screenings for low income, uninsured or underinsured women ages 40-49. Clinical breast exams, mammograms, and diagnostic studies for abnormal screening results are provided free of charge. Komen funding gives Bon Secours Richmond an opportunity to screen and diagnose women at an early stage when treatment is most effective. The Richmond Affiliate is grateful for the impressive work that Bon Secours is doing to improve access to breast health care for women in need.